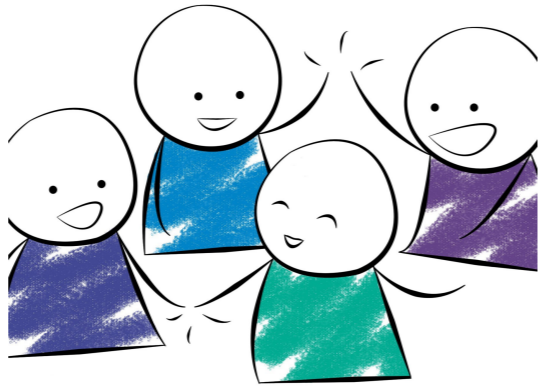




EYE ON THE TARGET

Welcome to my newsletter. You will find information about recent publications and research in EMDR, my consultations and upcoming trainings that might be of interest.

-Tory



Group EMDR with Children

The group approach with children (EMDR-GP/C) was developed after the 1999 Turkey earthquake. This study was conducted with 66 children after they lost their fathers in a mine explosion in 2014 in Turkey. Results showed a significant decrease in SUDs scores after the intervention.

Korkmazlar, Umran, Bozkurt, Berfin, & Tan Tunca, Deniz (2020). EMDR Group Protocol with Children: A Field Study. Journal of EMDR Practice and Research 14(1).

Did you know that there is a Journal of EMDR Practice and Research. Access to it is included in an EMDRIA membership.

[Read More](#)

EMDR Intervention for Treating Substance Use

A review of studies done using EMDR to treat substance use, with or without PTSD showed reduction in PTSD symptoms, yet the efficacy of EMDR for treating substance use disorders was less clear. It appears further research would be helpful in this area.



Tapia, Geraldine (2020). Review of EMDR Interventions for Individuals with Substance Use Disorder With/Without Comorbid Posttraumatic Stress Disorder. Journal of EMDR Practice and Research 14(1).

[Read More](#)

Basic Consultation

Advanced/Certification Consultation

Thursday March 5 7:30 am to 8:30 am and 10:00 am to 11:00 am (Mountain Time Zone)
April 1 2 slots
April 16 3 slots

Friday March 6 and April 3
8:30 am to 10:00 am MST

Trainings

Basic EMDR

Farmington, NM
Part 1: June 26-28
Part 2: July 24-26

Boise, ID
Part 1: June 19-21
Part 2: August 7-9

[Register](#)

Advanced

Dealing with Avoidance in EMDR Therapy
March 25-26, Santa Barbara, CA

EMDR Integrative Attachment Trauma Protocol for Children (IATP_C)
March 27-28, Overland Park, KS

EMDR Therapy and DBT for Trauma-Focused Care: A Beautiful Fusion
April 24, Villa Maria, PA

Integrating Somatic Psychotherapy with EMDR Therapy
May 1-4, Kelowna, British Columbia

Somatic & Attachment Focused EMDR Therapy for Chronic Pain
May 2-3, Chattanooga, TN

Working with Parts in Dissociative Disorders with EMDR
May 5-6, Jackson, WY

[EMDRIA Calendar](#)

Sweet Peace Perinatal Well-Being | Boise, ID USA | 208/272.9244

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