



Welcome to my newsletter. You will find information about recent publications and research in EMDR, my consultations and upcoming trainings that might be of interest.
-Tory



EMDR Basics Videos

Roy Kiessling, founder of EMDR Consulting has provided videos on Vimeo on a variety of basics of EMDR. Some of the videos are on core beliefs and the neurobiology of memory.

[Read More](#)

EMDR From a Client's Perspective

Joely writes about doing EMDR briefly for complex trauma and how she felt it changed things for her. This is an article that talks about how EMDR helped and yet how Joely finds limits to accessing treatment that is helpful for her.



[Read More](#)

Basic Consultation

Advanced/Certification Consultation

February Basic Consultation Openings

Saturday, February 29 child-focused
9:00 am to 11:00 am MST

Friday Feb 14 10:00 am to 11:30 am
Mountain Standard Time

Friday March 6 & April 3

March and April Consultation times will be posted at the end of the week

Trainings

Basic EMDR

(Tentative dates to be scheduled)

Walla Walla, WA
Part 1: March 20-22
Part 2: April 17-19

Boise, ID
Part 1: May 15-17
Part 2: June 19-21

Portland, OR
Part 1: June 12-14
Part 2: July 17-19

Farmington, NM
Part 1: June 25-27
Part 2: July 23-25

Advanced Trainings

EMDR Therapy Protocols for Early Intervention and Ongoing Traumatic Stress
March 6-7, Reno, NV

Treating Dissociative Disorders with EMDR: The Progressive Approach
March 14-15, Victoria, British Columbia

Navigating Spirituality in EMDR with Christian Clients
March 14, Chattanooga, Tennessee

Secondary Trauma: Implications for Clinicians
March 26, Columbus, OH

The Utilization of EMDR Therapy with Grief and Mourning
March 27-28, Philadelphia, Pennsylvania

EMDR & Children: Integrating Play Therapy Techniques
April 6-7, Spokane, WA

[EMDRIA Calendar](#)

[Sweet Peace Perinatal Well-Being](#) | Boise, ID USA | 208/272.9244

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