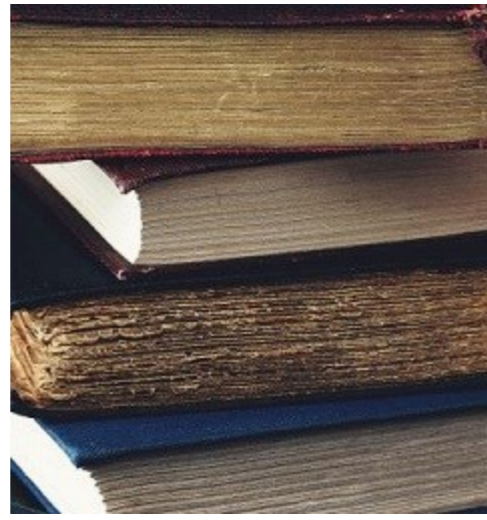




# EYE ON THE TARGET

Welcome to my newsletter. You will find information about recent publications and research in EMDR, my consultations and upcoming trainings that might be of interest.



## Francine Shapiro Library

The Francine Shapiro Library is a collection of citations of all published and presented work on EMDR & Adaptive Information Processing (AIP).

You can search for any topic of interest.

[Read More](#)

### Reducing the Emotionality of Auditory Hallucination Memories

This research showed that the emotionality of a memory related to auditory hallucinations was reduced by adding a form of taxation while recalling the memory. Two different forms of taxation were used: eye movement (visual) and counting out loud (auditory). No difference was shown between modalities.

Matthijssen, S.J.M.A., Heitland, I., Verhoeven L.C.M., & van den Hout, M.A. (2019). *Reducing the Emotionality of Auditory Hallucinations in Patients Suffering from Auditory Hallucinations*. *Frontiers in Psychiatry*, 10.



[Read More](#)

#### Basic Consultation

January Basic Consultation Openings

Wednesday 8th 11:15 am to 12:45 pm  
(Mountain Standard Time) 3 spots

Thursday 23rd 8:30 am to 9:30 am  
(Mountain Standard time) 2 spots

#### Advanced/Certification Consultation

Friday January 10 8:30 am to 10:00 am

## Trainings

### Basic EMDR

Walla Walla, WA  
Part 1: February 7-9  
Part 2: March 20-22

[Register](#)

### Advanced

Reconnecting the Self: Reprocessing Early Trauma & Neglect Held in Implicit Memory  
January 31-February 1, Boise, ID

Ego State Therapy Interventions to Prepare  
February 1-2, Spokane, WA

Defense and Affect Restructuring with EMDR Therapy  
February 15-16 Pitt Meadows, British Columbia

EMDR Therapy and the Treatment of Substance and Behavioral Addictions  
February 21-22, Salt Lake City, UT

The Power of Process in Healing Dissociation and Trauma  
February 28, Columbus, OH

EMDR Therapy Protocols for Early Intervention and Ongoing Traumatic Stress  
March 6-7, Reno, NV

[EMDRIA Calendar](#)

Sweet Peace Perinatal Well-Being | Boise, ID USA | 208/272.9244  
You are receiving this newsletter either because you attended a training/consultation with Tory or you signed up to receive it.

[Unsubscribe](#) | [Report spam](#)

Sent with [ActiveTrail](#) software

